

WARNING REGARDING THE USE OF PULLEYS OR “BLOCKS” FOR OVERHEAD SPOTTING RIGS

Please read, understand and follow these warnings and instructions to the selection, maintenance and use of pulleys or “blocks” for Overhead Spotting Rigs.

- Failure to follow these instructions for use and these warnings may cause death or serious injury.
- Before each use of the overhead spotting rig, examine the pulleys, blocks and rope for wear and damage.
- Every pulley or block has a “Working Load Limit” (WLL or WL) – the maximum load that can be safely applied to the pulley or block.
- Know the Working Load Limit of the pulleys / blocks that you are using. **DO NOT EXCEED** the Working Load Limit of the pulley or block.
- Use the rope diameter that the pulley or block was designed to accommodate. When in doubt, ask!
- Know the Working Load Limit and operating limitations of the rope being used. Consult the rope manufacturer if this information is not known.
- Know the weight of the person being lifted.
- Be sure there are no impediments in the way of the spotting rig that could snag the person being lifted which could increase the load on the pulleys or blocks or cause injury to that person.
- The overhead pulleys or blocks should be attached to the ceiling using secure and reliable clamps or other ceiling attachment devices.
- Be sure the structural member to which the pulley or block is attached is strong enough to support the load.
- **DO NOT** stand under the person being lifted in the overhead spotting rig.

- **DO NOT USE WORN OR DAMAGED PULLEYS, BLOCKS OR ROPE.**

- **KNOW THE WORKING LOAD LIMIT OF THE PULLEY (S), BLOCK (S) AND ROPE YOU ARE USING.**

- **KNOW YOUR OWN LIMITATIONS! DO NOT ATTEMPT TO LIFT OR SPOT SOMEBODY UNTIL YOU HAVE BEEN PROPERLY TRAINED AND / OR CERTIFIED BY A QUALIFIED INSTRUCTOR.**